The Million Hearts® Learning Lab is a bi-monthly learning series focused on cardiovascular disease prevention and management topics. The series is open to clinicians, quality improvement, and other interested staff across the country, but with a focus on community health centers. Clinicians may earn 1.0 CME credit per session and up to 5.0 credits for attending the full series.

### FORMAT

**PRE-WORK**
- 10-12-minute podcast
- Review one-pager
- Submit questions to experts

**DAY OF EVENT**
- 15-minute review and 30-minutes for questions and answers

**TOTAL TIME PER SESSION**
- 60 minutes

**TOTAL TIME FOR CURRICULUM**
- 300 minutes

### SESSION 1

**Date:** 9/15/2021 3:00 - 4:00pm ET

**Title:** Cholesterol Management/ Optimal Use of Statin Therapy

**FACULTY:**
- Kate Kirley, MD, MS, Director of Chronic Disease Prevention, American Medical Association

**LEARNING OBJECTIVES:**
2. Define the four statin management groups.
3. Describe optimal statin management and follow-up for high-risk patients.

### SESSION 2

**Date:** 11/17/2021 3:00 - 4:00pm ET

**Title:** Intensifying Treatment to Achieve Blood Pressure Control

**FACULTY:**
- Michael Rakotz, MD, FAHA, FAAHP, Vice President, Health Outcomes, American Medical Association
- Neha Sachdev, MD, Director of Health Systems Relationships, American Medical Association

**LEARNING OBJECTIVES:**
1. Describe how to apply key recommendations from the 2017 ACC/AHA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults.
2. Discuss benefits of treatment intensification for achieving blood pressure control, including the use of single pill combination therapy.
3. Identify causes of therapeutic inertia and practical tips for mitigating it.

**REGISTER TODAY!**

[https://confluence.nachc.org/x/hAOaAQ](https://confluence.nachc.org/x/hAOaAQ)

Access required pre-work and learn more about the Million Hearts® Learning Lab.

More sessions to come! Details coming soon.